



ONE DAY TO FEED THE WORLD
Adult Handout

**YOUR
ONE DAY**
Transforms
**THEIR
EVERY DAY**

CONVOY OF HOPE®
ONE DAY
to FEED the WORLD®

Convoy of Hope's *One Day to Feed the World*® campaign is a simple way for you, your friends, and your family to transform the lives of those who are impoverished, hungry, and suffering.

By giving one day's wage, you provide children with nutritious food, women with resources to start their own business, and farmers with training to increase their harvests.

It's about equal sacrifice,
not equal giving.

WORK ONE DAY, GIVE ONE DAY

ONE DAY IS SIMPLE

Calculate how much you make each year, divide the number by 365, and set that amount as your *One Day* giving goal.

Then give your gift. It's that easy!

One Day is about equal generosity, not equal giving.

What does that mean? No matter what you make, you play a significant role in transforming people's lives.

$$\text{ONE DAY} = \frac{\text{YOUR SALARY}}{365 \text{ DAYS}}$$



A woman wearing a vibrant pink sari with white floral patterns is shown in profile, her hand resting against a weathered, cracked mud wall. The background is dark, making the woman and the wall stand out. The overall mood is one of resilience and hope.

ONE DAY IS WORKING

In dozens of countries around the world, millions of people are receiving nutritious food, better access to clean drinking water, and opportunities for a brighter future through training and education.

DID YOU KNOW?

*More than **2.33 billion** people are currently facing food insecurity. Among them, **900 million** people are severely food insecure, posing grave risks to their health and well-being.*

*An estimated **700 million** people live below the **\$2.15 per day** poverty line worldwide.**

Like you, Convoy of Hope finds this unacceptable.

We believe every life has value. Because of that, we are determined to bring help and hope to those who are hurting.

**Statistics obtained from reports published by the U.N. World Food Programme and the World Bank Group.*





BENJAMIN'S STORY

Benjamin is a super student! He works hard in school, he never joins in when his classmates misbehave, and he even helps his parents with chores at home. On top of it all, he still finds time to paint and dance.

Benjamin enjoys math, science, and English, and lately he's enjoyed learning about agriculture and practicing his new skills in the school garden.

At school, Benjamin and his classmates get daily, nutritious meals from Convoy of Hope's Children's Feeding program, and the school garden contributes fruits and vegetables to those meals.

"It was so hard for me and my fellow students because there was no assurance of getting meals at our school in the past," Benjamin said. "Afterward, we felt so grateful for the meal provision from Convoy of Hope."

When you feed children with Convoy of Hope, you open the door to tremendous possibilities. You and Convoy — together — are strategically investing at a critical time in their lives. By feeding children in schools, we are providing them with the vital nutrition they need to thrive.

"The food helps me focus mostly on my studies," Benjamin said. "My dream is to work hard in school to eventually join the army in the future when I grow up. I want to serve, protect, and safeguard my country."

With the right support and access to nutritious meals, Benjamin is on a path toward a bright and promising future.



TEXAS FLOODS

Residents throughout central Texas are facing the same question: How do you build your life back up again when you've lost everything?

In the early hours of July 4, 2025, torrential rains caused the Guadalupe River to surge some 26 feet in just 45 minutes, sweeping through homes, overtaking campsites, and leaving devastation at every turn.

In a matter of minutes, many people lost their homes, their vehicles, or even their lives. Entire communities found themselves facing an incredibly long road to recovery.

Convoy of Hope was on the ground in the immediate aftermath, mobilizing resources and working alongside local partners and emergency responders to bring relief and hope.

Convoy's teams delivered essential supplies — food, water, hygiene kits, cleaning supplies, and more — to families whose homes were flooded, whose possessions were destroyed, and whose communities were shaken.

In San Saba, a rural community of about 3,100 people, the impact was especially brutal. The town was flooded twice over the course of one week. Convoy of Hope partnered with First Assembly San Saba, where just 14 people attended regularly. But these church members stepped up and served their community.

In San Saba, residents are wary of help, which often comes with strings attached. When word got out that Convoy and First Assembly San Saba had completely free relief supplies for them with no conditions and no hoops to jump through, people flocked to the church to both get help and give help.

They unloaded the truck full of supplies by hand, gave the supplies to their neighbors, encouraged each other, and even translated when needed. When community members came to the distribution, they were loaded down with grief, stress, discouragement, and a lot of unknowns. When they left, they had arms full of groceries, hygiene kits, cleaning supplies, and the encouragement that they could feed their families. They realized that people — in their community and all over the nation — cared for them.



UNIE'S STORY

In a small village in the Philippines, Unie and her family struggled to make a steady income as fishermen. Like most people in the village, their sole income depended on whether the fish were biting.

Unie wanted to do more for her family.

When Convoy of Hope began working in her community, Unie saw an opportunity for change. Sewing had always been a hobby of hers, but with training, a new machine, and a shift in mindset, she turned it into a thriving business.

“It helped pay our bills, so my husband didn’t have to find another source of income,” Unie said. “It eased the burden and provided for our family’s needs.”

“Unie’s sewing is a big help,” said her husband. “Now when we don’t catch anything, I can help her with her work.”

Unie now transforms discarded bags into durable handbags, working alongside her family and the other women in her tight-knit Mothers Club. And she doesn’t stop there. Certified as a trainer by her government, Unie empowers women in other communities to earn a living.

With her income, she rebuilt and expanded her home, supports her daughter’s education, and dreams of opening a factory. Unie proves that a simple skill can transform a life, a family, and an entire community.

WARRIOR WOMEN

Look out world, here come the Warrior Women. Courageous, enthusiastic women from Nicaragua are learning, growing, and paving the way for other women to flourish in agriculture.

Five women — Andria, Ana, Nohemi, Belkis, and another Ana — are working together to provide for their families and their community. For nearly two years, these women have partnered with Convoy of Hope to learn better agriculture practices, implement them, then teach other women how to grow their own food.

“As a group, we must share what we have learned with other women so that they, too, can have their own garden where they can grow some vegetables,” they said. “There is no need to have a large area of land to be able to grow food. It can be done from a small area.”

And the Warrior Women are still learning! Recently, they learned they could make compost with the harvest remains. They made compost with cornstalks, banana leaves, and dry leaves they collected.

When they decided to try growing yellow corn for the first time, they had their doubts — they thought the seeds they bought were bad and wouldn't grow. But when harvesting time came, they found beautiful corn, which they were then able to share with the local school feeding program.

“We believe that we are putting what we have learned into practice in our daily lives,” they said. “With the corn produced, we cooked it and shared it with the children in the cafeteria. It was so delicious that the children asked us for more corn.”

Now, the Warrior Women want to expand their gardens to provide even more food for the children.

“The group of [women] from the community are warriors — women with great courage, enthusiasm, and a spirit of service,” said Fernando, a Convoy of Hope agriculture technician in Nicaragua. “We have often seen them give up their time to help other people. We are so grateful to these sisters for their great contribution.”

“This work that we have done supporting the Agriculture program has brought us other experiences,” the Warrior Women said. “Agriculture is not just a job for men. Now we feel empowered to produce our own food.”

“We are grateful to all ... of Convoy of Hope, especially to the facilitators. We believe that they have given us the opportunity to learn, and that is why we now have the experiences to continue improving our lives, our family, and our community.”

SHARE YOUR STORY

*No matter what you do for a living,
you can transform lives.*

Share the good work you and Convoy of Hope are doing to help people all over the world.



Proudly wear your sticker on the day you have chosen to work for the hungry. The sticker will create opportunities for meaningful conversations with people you see throughout the day.

Be sure to tag Convoy of Hope on your social media platforms!

@convoyofhope





DELIVERING HOPE SINCE 1994

We are a faith-based, nonprofit organization that has helped more than 340 million people worldwide through programs such as:

CHILDREN'S FEEDING

AGRICULTURE

WOMEN'S EMPOWERMENT

DISASTER SERVICES

COMMUNITY ENGAGEMENT

FOUNDER'S STORY

Convoy of Hope was founded in 1994 by the Donaldson family. Their inspiration for starting the organization can be traced back to the many people who helped their family after their father, Harold, was killed by a drunk driver in 1969.

Today, more than 340 million people have been served throughout the world by Convoy of Hope. We are proud that we work through businesses, government agencies, churches, and other nonprofits to provide help and hope to those who are impoverished, hungry, and hurting.



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